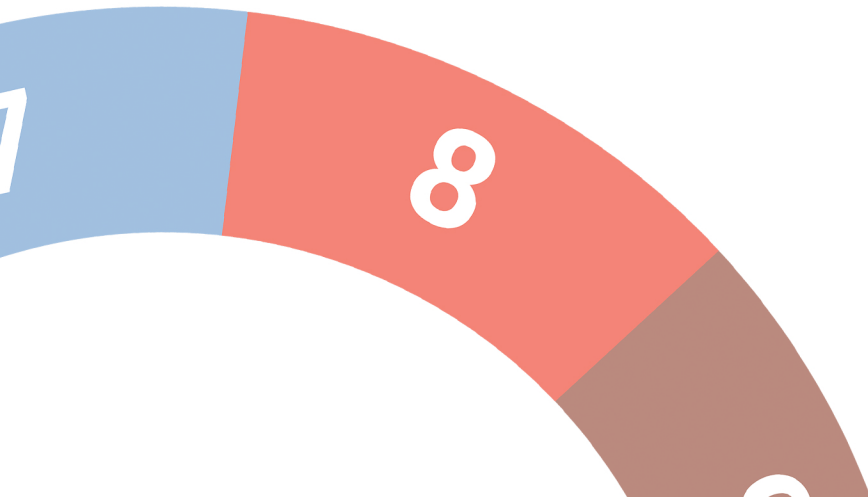


Jesus Calling[®]

Enneagram Discussion Guide



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Enneagram Type 8

Description:

Enneagram 8s—or, as they are often referred to, the Challengers—are part of the triad of personalities who operate out of their bodies, or their instincts, as their center. Enneagram 8s are often driven to provide strength and protection on behalf of others.

8s can be used by God in the world as they come alongside others, as iron sharpens iron. These Challengers give people around them the opportunity to rise up and become better versions of who they are.

Positive Traits:

boldness, honesty, self-confidence

Potential Trouble Spots:

anger, overbearingness, egotism

Find out more about other Enneagram types, and how each Enneagram number has a special purpose in God's family by watching "Relating to God Through the Enneagram," a special series on

[YouTube.com/JesusCallingBook](https://www.youtube.com/JesusCallingBook)

Take a free Enneagram Assessment to identify your Enneagram type. Visit assessment.youenneagramcoach.com. And ask your loved ones to take the test, too!

Discussion 1: Confronting Challenges with Grace

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated November 8th, and then answer/discuss these questions.

Questions:

1. Type 8s—the Challengers—are not afraid of confrontation, reminding us that God has given us a spirit of power rather than fear. What challenges tend to stimulate you?

2. This passage reminds us that with God, we can handle anything. Think about your relationship with God, the Bible's promises, and your past experiences. How do you draw confidence and strength from each of these areas?

3. Though we 8s are assertive and independent, we have to remember we weren't created to stand completely alone. Isaiah 41:10 says that God will uphold us. Think back to a time you knew God was supporting you through a challenging time. How did knowing He was there for you give you strength to get through it?

Discussion 2: Remember Who Is Sovereign

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated May 18th, and then answer/discuss these questions

Questions:

1. We Enneagram 8s like to assert our dominance and control. However, it's essential that we remember who is sovereign over all—God. Have you ever let your dominating nature get in the way of your relationship with God, or even with loved ones?

2. When we aren't healthy, we take charge in an area that's not ours to handle, and we struggle to follow rules and listen to others' opinions. However, God wants to permeate our being, and submit to His plans. Think about situations in the past that called for someone to take charge. Did you consider others' feelings before asserting yourself? If not, how can you better measure the best way to get involved so that your leadership strengths aren't tainted by ego?

3. Isaiah 55:8–9 says that God's ways are higher than ours. Our layer of emotional armor is thick, and we tend to grow angry when we feel like we're being controlled. How can we train ourselves to surrender to God's ways without getting our hackles up?

Discussion 3: The True Source of Strength

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated June 4th, and then answer/discuss these questions.

Questions:

1. We Type 8s are strong and powerful. These qualities help us handle big challenges, but it's easy to forget where our strength comes from. Do you communicate with God about your need for strength? Have you thanked Him for it lately?

2. Sometimes our strength becomes a barrier, and we forget that we don't have to be strong all of the time. We have to be willing to take off the armor and let someone take care of us. When you feel threatened, do you tend to close yourself off? How does it make you feel when someone else cares for you?

3. Philippians 4:13 reassures us that we can face any obstacle, because God is on our team. How does it make you feel to know that God is always in your corner, giving you strength and comfort whenever you need it?

Discussion 4: God Will Watch Over You

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated January 31st, and then answer/discuss these questions.

Questions:

1. We are protective by nature, but sometimes our strong personalities hinder us from accepting protection. Who or what do you fiercely protect? Is your relationship with God one of them? Do you shut Him out, or do you let Him in so that He can watch over you?

2. Just because we're good at rising to a challenge doesn't mean we're immune to fear. Can you remember a time you felt like you were in over your head? How did you react? How did that reaction affect your loved ones?

3. A good motto for 8s is, "The Lord is my strength and my shield," like it says in Psalm 28:7. What are some ways we can keep this idea at the front of our minds? How would it help you to remember that motto throughout the day?

Discussion 5: The Value of Sacrifice

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated October 18th, and then answer/discuss these questions.

Questions:

1. Sometimes we can be narrow-minded when it comes to the obstacles in front of us—they become our primary objective when our focus should be on Jesus. Do you tend to think in terms of, *How am I going to handle this?* versus, *How will God and I get through this?* How can we remedy that?

2. Think of a moment when you felt God helping you push through a blocked path. How did it feel to be in step with Him? What practices helped get you to that point?

3. We 8s are particularly talented at sharpening others and being sacrificial, the way the shepherd lays down his life for the sheep in John 10:14–15. What are some ways that you have encouraged others to become the best they can be? How can we seek to model Jesus in the way we sacrifice?
