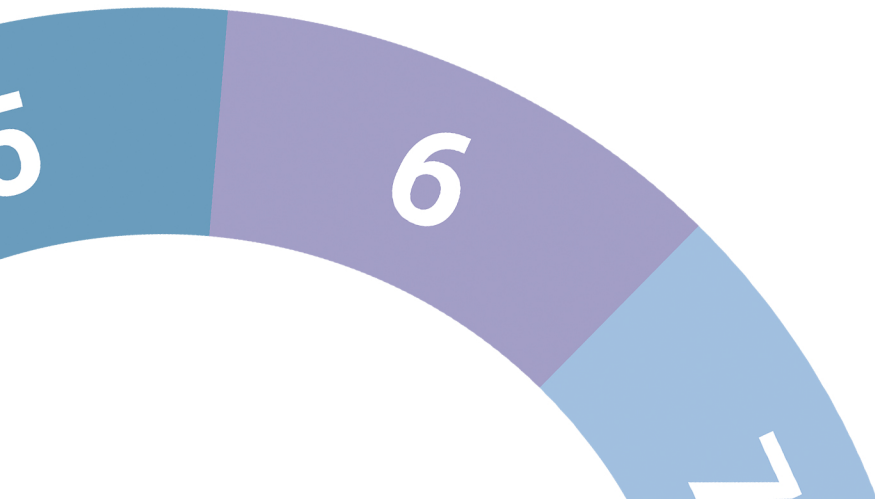




# Jesus Calling<sup>®</sup>

## Enneagram Discussion Guide



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## Enneagram Discussion Guide

### Enneagram Type 6

#### **Description:**

The Enneagram 6—or, as they are often referred to, the Loyalists—are a part of a triad of personalities who operate out of their head, or their thoughts, as their center. They're often driven to find security in people and beliefs that they can trust.

Type 6s can be used by God in this world as they help build loving communities around their strong beliefs. They work hard to establish trusting relationships, and they set a wonderful example of how to be faithful partner and friend.

#### **Positive Traits:**

committed, responsible, faithful, hard-working

#### **Potential Trouble Spots:**

can become self-doubting, suspicious, indecisive

Find out more about other Enneagram types, and how each Enneagram number has a special purpose in God's family by watching "Relating to God Through the Enneagram," a special series on

[YouTube.com/JesusCallingBook](https://www.youtube.com/JesusCallingBook)

Take a free Enneagram Assessment to identify your Enneagram type. Visit [assessment.youenneagramcoach.com](https://assessment.youenneagramcoach.com). And ask your loved ones to take the test, too!

# Discussion 1: An Unfailing Support System

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated December 10th, and then answer/discuss these questions.

## Questions:

1. Enneagram 6s are masters at spotting problems before they happen. But can you think of a time something happened to you that you didn't see coming? Did you reach out to God in this moment? If so, how did this situation make your relationship with Him stronger?

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2. When we dwell on problems and unknowns, 6s can feel frozen by fear and indecision. In those moments when our “private world feels unsteady,” how can we reach out to grab hold of God's hand? What would that look like in your life?

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3. James 1:2 shares that we will face all kinds of trials—but we're to think about these moments with *joy*, not fear. Is there something in your life right now that you're considering with fear? What would it look like for you to consider that with God's eyes, and think about it instead with joy? How would that change the situation?

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## Discussion 2: You Are Fearfully & Wonderfully Made

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated September 29th, and then answer/discuss these questions.

### Questions:

1. Type 6s, or Loyalists, take pride in being excellent friends—we are steadfast, faithful, and committed. How has God been that kind of friend to you?

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2. A support system we can rely on, like God Himself, enables us to become a faithful companion to others. How have you been a steady support system for your friends and loved ones? Do you allow anyone else to be that kind of support system for you?

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3. We can rejoice that we are fearfully and wonderfully made, just as it says in Psalm 139:14. Sometimes, it's easy for 6s to forget we were created to stand on our own two feet, that we are capable because God says we are. What are some times that you've doubted your own abilities? How would remembering that God made you "fearfully and wonderfully" give you a bit more confidence?

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## Discussion 3: Love God to Love Others

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated September 24th, and then answer/discuss these questions.

### Questions:

1. This passage is a helpful reminder that in order to be a good friend, we have to be fully aware of God's presence and purpose in our lives. How can you begin to acknowledge God's presence a bit more in your life? How could becoming more aware of God in the ordinary help us as we pour into others?

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2. Sometimes our loyalty gets in the way of growing our relationship with God, because we fight harder for others than we do for ourselves. But it's key to remember that we're worthy of love and loyalty ourselves. Can you think of a time when you put your relationship with God on the back burner in order to help save a friend?

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3. Enneagram 6s are committed and steady when they're healthy, but we all go through periods when we are shaken. In those moments, as Psalm 16:8 reminds us, God can be the rock to rely on. When you're in distress, where do you usually turn? How might you remember to reach out to God in those times?

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# Discussion 4: Confidence Comes By Trusting God

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated July 21st, and then answer/discuss these questions.

## Questions:

1. We 6s tend to have a hard time trusting ourselves. What practices can we put in place to help remember that we were made in God's image, and that trusting Him with His own creation is all He's ever wanted for us?

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2. Putting your confidence in the right place—God—will never fail. Think of a time when you put your trust in someone or something that let you down. How did that make you feel? When you remember there's Someone who will never leave you or forsake you, does that make you feel better?

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3. Sometimes showing up for the people we love—and the faith we believe in—is hard, but Isaiah 30:15 says that trusting God will be our source of strength. Has it ever drained you to be such a loyal companion and follower? What helped restore you to your healthiest self?

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# Discussion 5: Admitting Weakness Is Strength

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated November 2nd, and then answer/discuss these questions.

## Questions:

1. It's human to grow tired and feel weak sometimes. Do you ever struggle with feeling guilty or unworthy for having moments of weakness? How would your mindset change if you remembered that your weakness doesn't repel God?

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2. As a Defender, it's easy to be strong for others, but not always for ourselves. How can we train ourselves to draw strength from God not only when we're feeling weak, but also in our moments of confidence?

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3. Have you thanked God for giving you the courage to trust yourself, for making you capable, loyal, and confident? What can you do with those gifts?

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