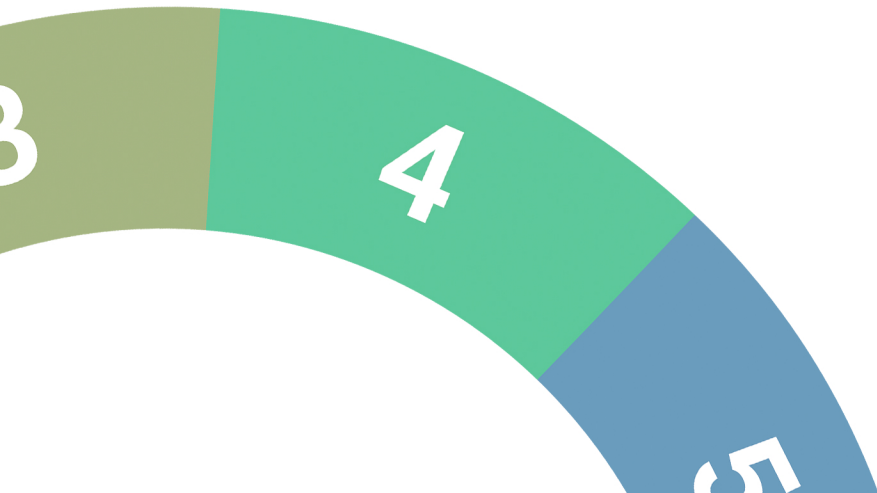


Jesus Calling[®]

Enneagram Discussion Guide



Jesus Calling[®]

Enneagram Discussion Guide

Enneagram Type 4

Description:

Enneagram 4s—or, as they are often referred to, the Individualists—are a part of a triad of personalities who operate out of their hearts, or their feelings, as their center. 4s are often driven to look inside and discover the personal qualities that make them unique, and then they share those unique gifts with the world.

4s can be used by God when they recognize their unique gift for connection isn't through something special they have to do. 4s actually have a unique gift for empathy. They can sit with someone else in their darkest moment, reassuring that person that they are not alone.

Positive Traits:

inspired, sensitive, expressive

Potential Trouble Spots:

moodiness, self-pity, dissatisfaction

Find out more about other Enneagram types, and how each Enneagram number has a special purpose in God's family by watching "Relating to God Through the Enneagram," a special series on

[YouTube.com/JesusCallingBook](https://www.youtube.com/JesusCallingBook)

Take a free Enneagram Assessment to identify your Enneagram type. Visit assessment.youenneagramcoach.com. And ask your loved ones to take the test, too!

Discussion 1: He Knows Who You Really Are

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated March 17th, and then answer/discuss these questions.

Questions:

1. Type 4s are known for feeling like something in us is missing—and it can feel scary to think that someone, even God, knows us so well that they have an “intimate awareness” of us. Why do you think God reminds us so often of how much He knows us—and loves us—just as we are?

2. Because we’re so introspective, one of our gifts is empathy. Think about a friend or loved one going through a hard time right now. How can you be the “cleansing, healing, and refreshing” presence for them in their time of need?

3. In Psalm 139:1–4, we’re reminded that God knows us, and that He is familiar in all of our ways. How does it make you feel to know that God fully sees every part of your being, and that He revels in who He made you to be?

Discussion 2: Rely on the Divine Artist

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated July 2nd, and then answer/discuss these questions.

Questions:

1. Type 4s are generally categorized as artists and creatives. We can get so wrapped up in our own world of “creating” to prove our worthiness, it can be easy to forget that God Himself is a Creator. Stop for a moment, and find a few the things God has created and put into your world. How does it make you feel to spend a few moments in wonder?

2. Type 4s—or Individualists—often seek meaning and beauty in the world. What are some ways you try to bring beauty to your space, even in the most ordinary ways?

3. Psalm 5:2–3 reminds us that there’s power in meeting God in the morning. What time of day do you feel most creative? How can you dedicate a few of those minutes to listening and talking with God before you get to work?

Discussion 3: God's Unique Path for You

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated December 30th, and then answer/discuss these questions.

Questions:

1. We 4s love to turn inward and discover what's unique about ourselves. On your journey of self-discovery, what have you learned about the person God made you to be?

2. Miraculous things can be found when we intertwine our lives with God. What are some ways that you look for beauty and hope in your life? How has your gift to see light in the dark spaces helped you discover the fullness of God's blessings?

3. Ephesians 2:10 and 1 John 4:7–8 are good reminders that God created us to serve others. How has examining your gifts, along with growing your relationship with God, helped you love others well?

Discussion 4: God Will Fill Your Gaps

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated May 21st, and then answer/discuss these questions.

Questions:

1. As creatives, we can often feel frustrated when we feel we aren't living into our full potential. That can cause us to act distant, closed-off, and even moody. What's caused you to feel this way? When you feel this frustration coming on, how do you think you could choose to admit your vulnerability, instead of closing yourself off to others?

2. This *Jesus Calling* passage describes that disconnection and anxiety are side effects of declining to communicate with Jesus on a deeper level. When we're feeling dissatisfied or throwing a pity party, how do you think reconnecting with Jesus, who loves us despite our failures, might help us feel?

3. In Micah 7:7, it says "my God will hear me." When you're falling into an unhealthy place, how does it make you feel to remember that God still sees what's special about you and will be there for you to lean on as you discover your true potential?

Discussion 5: Marvel at the Works of His Hands

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated June 6th, and then answer/discuss these questions.

Questions:

1. Imagination and creative, deep thinking are hallmark characteristics of Type 4s. Which of your creations are you most proud of? How do you think that work showed God's glory?

2. Think of a time when you were able to use your sensitivity and intuition to walk alongside someone who needed deeper understanding. How did it feel to be used by God in this way?

3. Psalm 19:1–2 describes the skies as proclaiming “the work of His hands.” Enneagram 4s are exceptionally good at finding beauty in the world, even in the most ordinary things. Think about five small things that bring beauty to the world. Write them here, then point out these small miracles to someone else.
