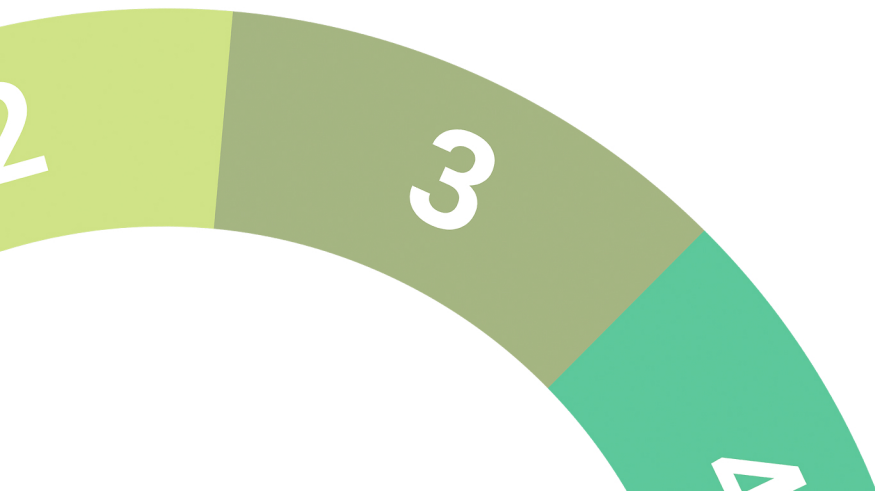


# Jesus Calling<sup>®</sup>

## Enneagram Discussion Guide



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## Enneagram Discussion Guide

### Enneagram Type 3

#### **Description:**

Enneagram 3s—or as they are referred to, the Achievers—are a part of a triad of personalities who operate out of their hearts, or their feelings, as their center. These Achievers are the ones who can get the job done. And their hope is that their achievements will bring them affirmation from other people and from God.

3s can be greatly used of God if they strive to have an open heart, to receive love that isn't tied to what they do or what they bring to the table. They can motivate and inspire people to reach for more and become who they are meant to be.

#### **Positive Traits:**

pragmatic, adaptive, excelling, competitive, and productive

#### **Potential Trouble Spots:**

may become narcissistic, arrogant, deceitful, exploitative, or overly opportunistic

Find out more about other Enneagram types, and how each Enneagram number has a special purpose in God's family by watching "Relating to God Through the Enneagram," a special series on

[YouTube.com/JesusCallingBook](https://www.youtube.com/JesusCallingBook)

Take a free Enneagram Assessment to identify your Enneagram type. Visit [assessment.youenneagramcoach.com](https://assessment.youenneagramcoach.com). And ask your loved ones to take the test, too!

# Discussion 1: Valuing Progress Over Achievement

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated November 1st, and then answer/discuss these questions.

## Questions:

1. Because Enneagram 3s like to achieve, we value the end goal, the finished product. But what's harder for us to see is the beauty in progress, no matter how small. How can we learn to revel in the small accomplishments that come from a walk with God, versus checking our relationship with Him off the to-do list?

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2. It's difficult for Type 3s to accept failure, and we also tend to detach from our feelings (especially if we're feeling like we're on a downward spiral). Have you ever felt like you've disappointed God? How did you manage those feelings of failure?

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3. In Hebrews 4:14–16, we're reminded to “approach the throne of grace with confidence,” versus focusing too heavily on the things we've done wrong. Think of a few times you've failed in your life. How do you believe that God can help you let those go—and celebrate with you when you ease your grip?

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## Discussion 2: Let Go of Perfection

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated June 5th, and then answer/discuss these questions.

### Questions:

1. Type 3s can be status-conscious and advancement-driven. After all, we're called "the Achievers" for a reason. What are some ways we've let perfection and achievement get in the way of an authentic relationship with Jesus—one where we put down perfection and let Him pick up our slack?

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2. Trying our best is a worthy goal, but when we cross into the territory of "seeking perfection," that's when we set ourselves up for failure and frustration. Take a second to examine what you're working on. Is there an area of your life where you're holding your standard for yourself too high—even higher than God has for you?

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3. Exodus 20:3 reminds us that there can only be one God in our lives. By striving to perform, we may accidentally create idols out of the things we're trying to accomplish. How would our lives change if we shifted our focus away from our achievements and onto the God who loves us, no matter how well we perform?

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# Discussion 3: God's Approval Isn't Based on Your Performance

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated April 19th, and then answer/discuss these questions.

## Questions:

1. We 3s tend to believe that if we aren't performing well, there's no way God will want us. There's a flip side to that belief, though: we tend to think that the better we do, the more He'll love us. Think about a time in your life when you tried to earn His favor. What did you do to try and earn God's love? What was going through your mind when you realized God doesn't work that way?

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2. Take a moment and let this part of the passage sink in: "Your accomplishment as a Christian has no bearing on My Love for you." How does it make you feel to know that nothing you could ever do would make God love you more or less?

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3. Psalm 107:8 reminds us that though we might fail, God's love for us never will. Think through that for a moment. How would you behave differently if you truly believed your love and worthiness aren't based on how well you perform?

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## Discussion 4: Living a Victorious Life

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated January 5th, and then answer/discuss these questions.

### Questions:

1. What comes to mind when you think of a victory? What do you think victory looks like in God's eyes?

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2. We 3s don't enjoy failure, but failing actually gives us a beautiful opportunity to grow with God—and rest assured, we'll experience many of these "growth opportunities" on our walk with Him. Think about a few failures you aren't proud of. How would the way you view those failures change if you could think of them as opportunities to get to know God better?

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3. 2 Corinthians 5:7 NKJV says we should walk by faith, not by sight. What do you think we'd achieve if we reached for dreams and accomplishments we can't see, instead of the flashy things we can?

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# Discussion 5: God Determines Your Worth

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated January 23rd, and then answer/discuss these questions.

## Questions:

1. We can be overly concerned with our image, but what truly matters is what God thinks of us. Think of three words God would use to describe you. Who does He say you are?

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2. An Enneagram 3 can find the love and affirmation they are looking for just by being who God created them to be. God is fully aware of our humanity and the flaws that come with it—how can we settle into the version of us that God created and seek to please Him versus the world?

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3. 2 Corinthians 12:9 AMP reminds us that in our weakness, God shows His strength. How can God use our vulnerability—instead of our achievements—to bless others?

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