

Jesus Calling[®]

Enneagram Discussion Guide



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Enneagram Type 2

Description:

The Enneagram 2s—or, as they're often referred to, the Helpers—are part of the triad of personalities who operate out of their hearts, or their feelings, as their center.

Type 2s are driven to be close to others, and they lay a strong foundation for these bonds by having a servant's attitude. These Helpers are willing to go the extra mile for others, because they derive value from the supportive role they play in the lives of their friends and loved ones.

Enneagram 2s can be used by God in this world as they show compassion to the people around them. A 2's love is infectious, and when these Helpers bless someone with their love, that person is likely to spread love to someone else. And the chain just keeps going.

Positive Traits:

generous, considerate, kind

Potential Trouble Spots:

neediness, possessiveness, resentment

Find out more about other Enneagram types, and how each Enneagram number has a special purpose in God's family by watching "Relating to God Through the Enneagram," a special series on [YouTube.com/JesusCallingBook](https://www.youtube.com/JesusCallingBook)

Take a free Enneagram Assessment to identify your Enneagram type. Visit assessment.youenneagramcoach.com. And ask your loved ones to take the test, too!

Discussion 1: A Humble Approach to Helping

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated June 16th, and then answer/discuss these questions.

Questions:

1. We Enneagram 2s pride ourselves on caring for others—caring so well, in fact, that sometimes our pride can say, “I know what you need.” But even if we mean well, we don’t always know the best way to care for someone else. Can you think of a time you tried to serve someone in a way that didn’t align with their needs? What happened after that?

2. What might be a more humble way to approach helping someone? How could God help us out with that posture?

3. Enneagram 2s love doing good works for others—in fact, Ephesians 2:10 says it’s what God created us for! What are some of the ways you enjoy going the extra mile for others?

Discussion 2: You Are More Than What You Do for Others

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated February 10th, and then answer/discuss these questions.

Questions:

1. We love filling the needs of those in front of us, but God says we need our own refreshment and contentment. Are you prioritizing others' needs over your basic needs? How can we retool our list of "to-dos" for others to include taking care of ourselves?

2. We 2s can end up neglecting our own needs in the interest of serving others—and we all know it's impossible to pour from an empty cup. What's the best way you could quench your thirsty spirit today?

3. Luke 10:41–42 reminds us that time spent with our most important priority—God—can never be taken away from us. Think about how much quiet time you allow yourself each day. Where could you carve out just a few more minutes to spend with Him?

Discussion 3: God's Example of Service

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated September 6th, and then answer/discuss these questions.

Questions:

1. Sometimes our acts of service can be interpreted as insincere or overbearing if we go a step too far. Has this happened to you? How did that criticism make you feel?

2. We wouldn't have the ability to serve if He hadn't served us first. What are some of the ways God has served you or your loved ones lately?

3. John 15:5 equates us as branches to the vine of Jesus. How are you "showing His fruit" while you're out in the world helping others? How has He taught you to love well?

Discussion 4: Because He First Loved Us

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated May 3rd, and then answer/discuss these questions.

Questions:

1. Enneagram 2s are naturally good at recognizing the needs of others. But that can easily lead to putting others' needs before God's priorities. Have you experienced that imbalance before? How did you resolve this conflict of interest?

2. Since Type 2s can have a harder time recognizing their own needs, their relationship with God can sometimes be put on the back burner. Have you ever served more than one master? What are some ways you can make God your "First Love"?

3. Ephesians 3:16–17 reminds us that God wants us to be rooted and established in love. Can you think of a time when maybe you weren't doing things out of Jesus-based love? How did that turn out?

Discussion 5: God's Approval Matters Most

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated November 18th, and then answer/discuss these questions.

Questions:

1. We all want the approval of those around us, but sometimes our desire for approval can go too far. Has there been a time in your past when you've been enslaved by someone's opinion of you? How did you handle that situation—and better yet, how would you like to handle it moving forward?

2. Seeking approval will drain you, and taking criticism personally will bruise you. What are some ways you can use your Type 2 infectious love to bless others, without letting expectations weigh on you?

3. Philippians 4:6–7 reminds us to give our fear and our thanksgiving over to God. When's the last time you thought about how much God loves you and is affirming you—despite whoever may or may not be giving you approval?
